



The mindful approach to PSHE

# Year 1

## Changing Me

### Lesson Outcomes (05.07.18) -

Understand the parts of the body that make boys different to girls and use the correct names for these body parts. Respect my body and understand which parts are private.

### Vocabulary that will be used:

Male, Female, Vagina, Penis, Testicles, Anus, Breasts

